

JANUARY UB BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	NEW YEAR'S DAY! 1	2	3	4
7 • Whole Grain Corn Chex	8 • Blueberry Burst Bagel w/ Cream Cheese and Fresh fruit	9 • cinnamon grahams/ fruit	10 • Plain Bagel W/Cream Cheese & Fresh Fruit	11 • cinnamon raisin bagel/ cream cheese/ grape jelly/ fruit
14 • cinnamon chex/ educational snacks/ fruit	15 • blueberry muffin/ fruit	16 • Turkey,Egg, & Cheese Breakfast Muffin	17 • Cinnamon Toast Bagel/ fruit	18 • french toast muffin. fruit
21	22 • Cinnamon grahams/ fruit	23 • Classic Cheese Omelet w/ French Toast Stick	24 • Pepper Jack Cheese & Omelet Gordita	25 • Buttermilk Pancakes
28 • Multigrain Cheerios	29 • Rise & Shine Breakfast Burrito w/Fresh Fruit	30 • Zee Zees Cinnamon Crisp Bar • Classic Chicken Sausage & Cheddar Bagel	31 • French Toast Sticks	

DID YOU KNOW?

We only serve milk that is rBST-free. That means it is from cows not treated with any hormones, ensuring your milk is only made of the good stuff like calcium, vitamin D and protein!



Don't forget to grab a carton of low-fat or non-fat milk with breakfast!

Breakfast: choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered.

JANUARY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	NEW YEAR'S DAY! 1	2	3	4
7 • hot dog (df) ○ glazed carrots	8 • Slice of Domino's Cheese pizza ○ steamed corn	9 • breakfast for lunch : pancakes w/ omelet (vg) ○ seasoned garbanzo beans/ grape tomatoes	10 • bbq beef flatbread kit • Southwest Veggie Wrap ○ cucumber tomato salad	11 • flamed broiled cheeseburger • Cheese Pizza ○ chopped lettuce/ sliced tomatoes w/ ranch
14 • pizza burger bagel melt • Cheddar cheese sub sandwich ○ baby carrots	15 • Slice of Domino's Cheese pizza ○ broccoli w/ ranch	16 • Firecracker Chicken w/ Sesame Noodles • Sunny Sandwich Kit: Sunbutter, Jelly, Whole Grain Bun ○ edamame/ baby carrots	17 • cheesy ravioli (vg) ○ coleslaw	18 • crispy chicken sandwich (df) ○ chili citrus corn
21	22 • Slice of Domino's Cheese pizza ○ baby carrots w/ ranch	23 • chicken bites ○ mashed potatoes	24 • pepper jack cheeseburger • Sunny Sandwich Kit: Sunbutter, Jelly, Whole Grain Bun ○ baby carrots/ garbanzo beans	25 • Cheese Pizza • Hot Meatball Sub ○ broccoli
28 • buffalo chicken crunchadilla ○ baby carrots	29 • Slice of Domino's Cheese pizza • seasoned green beans	30 • Orange Chicken • Southwest Veggie Wrap • broccoli w/ ranch	31 • creamy chicken alfredo • Veggie Chef Salad ○ grape tomatoes/ three bean salad	

HAPPY NEW YEAR!

Lunch: choice of 1% or fat-free milk; fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

○ **Vegetable** of the day